



CAFÉ ITEMS AND THEIR ALLERGEN CONTENT

Do not remove from Café –26.01.2026

The purpose of this allergen in-restaurant information booklet is to help you choose menu items within our Cafés, if you or someone you care for has a food allergy or food intolerance

This booklet provides allergen information for all our menu items. Please ensure you read this booklet carefully. This booklet highlights the following 14 major allergens in products:

1. Cereals containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
2. Crustaceans
3. Egg
4. Fish
5. Lupin
6. Milk
7. Molluscs
8. Nuts – Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut
9. Peanut
10. Soya (excludes Fully Refined Soya Bean Oil)
11. Sesame
12. Celery and Celeriac
13. Mustard
14. Sulphur Dioxide and Sulphites (levels greater than 10ppm)

Allergen Cross Contamination Statement:

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products.

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Toast and Butter		✓ (Wheat) (Barley)					✓						✓	
Sheldon/Warburtons Fruited Teacakes & butter		✓ (wheat, Rye)		✓ (may contain)			✓					✓ (may contain)	✓	
Crumpets & butter		✓ (wheat)					✓						✓ (may contain)	
Butter Croissant		✓(wheat)		✓			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Lotus Biscoff Croissant		✓(wheat)		✓			✓			✓ (may contain Almonds hazelnuts)			✓	
Pain Aux Chocolate		✓(wheat)		✓			✓						✓ (may contain)	
Ferrero Nutella							✓			✓ (hazelnuts)			✓	
Scones, jam & cream		✓ (wheat)		✓			✓							
Fruit Loaf & Butter		✓ (wheat)					✓						✓	

Pre-Packaged Sandwiches and Toasties – ingredients and allergens listed on the product packaging

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Cheese on Toast		✓ (Wheat) (Barley)					✓						✓	
Beans on toast		✓ (Wheat) (Barley)					✓						✓	
Cheese and Ham Toastie		✓ (Wheat) (Barley)					✓						✓	
Cheese Toastie		✓ (Wheat) (Barley)					✓						✓	
Sausage Bap/on toast	✓ (may contain)	✓ (Wheat)		✓ (may contain)			✓		✓ (may contain)			✓ (may contain)	✓	✓
Bacon Bap		✓ (wheat, barley)		✓ (may contain)			✓					✓ (may contain)	✓	
Sausage and Bacon Bap	✓ (may contain)	✓ (wheat, barley)		✓ (may contain)			✓		✓ (may contain)			✓ (may contain)	✓	✓
Kids Meal Deal – Cheese or Pepperoni Pizza/ Cheese Chicago Pizza Sub/ Hot Dog Rolls/ Hot Dog; Pom Bear crisps, donut or cookie	✓	✓ (wheat, barley) (may contain rye, oats, spelt)		✓			✓		✓ (may contain)	✓ (may contain)		✓ (may contain)	✓	
Toasted Tea Cake with Butter		✓ (wheat, Rye)		✓ (may contain)			✓					✓ (may contain)	✓	

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Hot dog in roll	✓	✓ (wheat)					✓		✓ (may contain)			✓ (may contain)	✓	
Jumbo Hot dog	✓	✓ (wheat)					✓		✓ (may contain)			✓ (may contain)	✓	
Heinz Baked Beans														

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Drinks

DRINKS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Tea							✓							
Special Tea (Earl Grey /Fruit/Mint/Camomile)							✓							
Cappuccino							✓							
Latte							✓							
Flat White							✓							
Espresso/Decaf & black coffee/Americano							✓ (may contain)							
Vanilla, Salted Caramel, Gingerbread, Cinnamon, hazelnut, Pumpkin Spice Syrup														
Hot Chocolate							✓							
Milk/Cream							✓							
Marshmallow														
Halsall Estate Oat milk		✓ (oat)												
Iced Cloudy Lemonade														
Iced Strawberry Lemonade														

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Café Menu – Milkshakes, Cold Coffees, Smoothies and Condiments

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Chocolate milkshake		✓ (may contain)		✓ (may contain)			✓			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Strawberry milkshake		✓ (may contain)		✓ (may contain)			✓			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Vanilla milkshake		✓ (may contain)		✓ (may contain)			✓			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Banana milkshake		✓ (may contain)		✓ (may contain)			✓			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Mango/ Pineapple/Passion fruit Smoothie		✓ (may contain)		✓ (may contain)			✓ (may contain)			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Mixed Berries Smoothie		✓ (may contain)		✓ (may contain)			✓ (may contain)			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Strawberry and banana Smoothie		✓ (may contain)		✓ (may contain)			✓ (may contain)			✓ (may contain)	✓ (may contain)		✓ (may contain)	
Iced Coffee/Iced Vanilla Coffee/Iced Frappe							✓							
Iced Caramel Coffee Frappe				✓ (may contain)			✓							
Matcha Latte							✓							
Spiced Chai Latte							✓							
Galaxy Drinking Chocolate							✓							

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PRODUCT	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
South Carolina Mustard Sauce									✓	✓ (may contain)	✓ (may contain)	✓ (may contain)		
Heinz Mayonnaise				✓					✓					
Heinz Tomato Ketchup	✓													
HP Brown Sauce		✓ (Barley, Rye)												
HP BBQ Sauce														
Robertshaw Malt Vinegar		✓ (Barley)												

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Bakery

PRODUCT	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Sugar Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Chocolate Iced Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Iced Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Sugared Jam Donut		✓ (wheat, may contain barley, rye, oats, Kamut, spelt)		✓			✓ (may contain)			✓ (may contain)			✓ (may contain)	
Sticky Toffee muffin		✓ (wheat, may contain barley, rye, oats)		✓			✓						✓	✓
Triple Choc Muffin		✓ (wheat) (may contain oats, barley, rye)		✓			✓						✓	
Lemon Sicilian Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓ (may contain)	✓
Blueberry Muffin		✓ (wheat, oats) may contain barley, rye, spelt		✓			✓						✓ (may contain)	

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Bakery

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Chocolate Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Cheese Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Maple & Pecan Plait		✓ (wheat)		✓			✓			✓ (pecan) & may contain other nuts		✓ (may contain)	✓ (may contain)	
Cinnamon Whirl		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Milk Chocolate Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Double Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Brookie		✓ (wheat)		✓			✓			✓ (may contain)				
Vanilla Crown with almond & hazelnuts		✓ (wheat)		✓ (may contain)			✓			✓ (hazelnut almonds) & may contain other nuts		✓ (may contain)	✓ (may contain)	
Cheese and onion roll		✓ (wheat)					✓		✓					
Sausage Roll		✓ (wheat)		✓										✓

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Cakes

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
LARGE CAKE SLICES:														
Lemon Cake		✓ (wheat)		✓			✓			✓ (may contain)				
Carrot Cake		✓ (wheat)		✓			✓			✓ (may contain)				
Victoria Sandwich cake (raspberry jam filling)		✓ (wheat)		✓			✓			✓ (may contain)				

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LARGE CAKE SLICES: Original Cake Company														
Spiced Farmhouse Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓
Cherry Almond Bakewell		✓ (wheat)		✓			✓			✓ (almond)			✓ (may contain)	✓
Coffee and Walnut Cake		✓ (wheat)		✓			✓			✓ (walnuts)			✓ (may contain)	✓ (may contain)

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Soup Machine Menu - Allergen Content

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Soups														
Cream of Chicken Soup	✓ (may contain)						✓						✓	
Tomato and Basil Soup	✓ (may contain)						✓						✓	
Cream of Vegetable Soup	✓						✓						✓	

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