



CAFÉ ITEMS AND THEIR ALLERGEN CONTENT

***** Allergen Chart Update 1st September 2026 *****

There have been changes to allergen risks and new products added. Please refer to this allergen booklet for the latest product information.

Do not remove from Café

The purpose of this allergen in-restaurant information booklet is to help you choose menu items within our Cafés, if you or someone you care for has a food allergy or food intolerance

This booklet provides allergen information for all our menu items. Please ensure you read this booklet carefully.

This booklet highlights the following 14 major allergens in products:

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Celery and Celeriac	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide and Sulphites
	Wheat, Rye, Barley, Oats, Spelt, Kamut								Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut			(excludes Fully Refined Soya Bean Oil)	(levels greater than 10ppm)

Allergen Cross Contamination Statement:

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products.

History of Amendments	
Date	Amendment
01.09.2026	New Products added – including new syrups & muffins. Hazelnut Syrup – contains nuts Hot Dog Rolls - Addition ‘May Contain Egg and other cereals containing Gluten’ to other allergens present Scones - addition “May contains Soya” to other allergens present Smoothies and Milkshakes: Addition “may contain Celery and Mustard” risk & removed “May contain egg, peanuts and nuts” risk. Hot Chocolate drink – addition “May contain Soya” to other allergens present Baps: Addition ‘May Contain Nuts and Peanuts’ to other allergens present Soups: Addition ‘May Contain Gluten, Mustard, Sesame Seed and Sulphites’ to other allergens present

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Toast and butter		✓ (Wheat) (Barley)					✓						✓	
Sheldon/Warburtons Fruited Teacakes & butter		✓ (wheat, Rye)		✓ (may contain)			✓					✓ (may contain)	✓	
Crumpets & butter		✓ (wheat)					✓						✓ (may contain)	
Butter Croissant		✓ (wheat)		✓			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Lotus Biscoff Croissant		✓ (wheat)		✓			✓			✓ (may contain Almonds hazelnuts)			✓	
Pain Aux Chocolate		✓ (wheat)		✓			✓						✓ (may contain)	
Ferrero Nutella							✓			✓ (hazelnuts)			✓	
Scones, jam & cream		✓ (wheat)		✓			✓						✓ (may contain)	
Fruit Loaf & Butter		✓ (wheat)					✓						✓	

Pre-Packaged Sandwiches and Toasties – ingredients and allergens listed on the product packaging

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Cheese on Toast		✓ (Wheat Barley)					✓						✓	
Beans on toast		✓ (Wheat) (Barley)					✓						✓	
Cheese and Ham Toastie		✓ (Wheat) (Barley)					✓						✓	
Cheese Toastie		✓ (Wheat) (Barley)					✓						✓	
Sausage Bap/on toast	✓ (may contain)	✓ (Wheat, Barley)		✓ (may contain)			✓		✓ (may contain)	✓ (may contain n)	✓ (may contain)	✓ (may contain)	✓	✓
Bacon Bap		✓ (wheat, barley)		✓ (may contain)			✓			✓ (may contain n)	✓ (may contain)	✓ (may contain)	✓	✓ (may contain)
Sausage and Bacon Bap	✓ (may contain)	✓ (wheat, barley)		✓ (may contain)			✓		✓ (may contain)	✓ (may contain n)		✓ (may contain)	✓	✓
Kids Meal Deal – Cheese or Pepperoni Pizza/ Cheese Chicago Pizza Sub/ Hot Dog Rolls/ Hot Dog; Pom Bear crisps, donut or cookie	✓	✓ (wheat, barley) (may contain other gluten)		✓			✓		✓ (may contain)	✓ (may contain ain)		✓ (may contain)	✓	

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Hot dog in roll	✓	✓ (wheat, may contain other gluten)		✓ (may contain)			✓		✓ (may contain)			✓ (may contain)	✓	
Jumbo Hot dog	✓	✓ (wheat, may contain other gluten)		✓ (may contain)			✓		✓ (may contain)			✓ (may contain)	✓	
Heinz Baked Beans														

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DRINKS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Tea							✓							
Special Tea (Earl Grey /Fruit/Mint/Camomile)							✓							
Cappuccino							✓							
Latte							✓							
Flat White							✓							
Espresso/Decaf &black coffee/Americano							✓ (may contain)							
Syrup -Vanilla, Salted Caramel, Gingerbread, Cinnamon, Choc Orange, Pumpkin,														
Hazelnut syrup										✓				
Caramel Sauce							✓							
Milk/Cream							✓							
Marshmallow														
Halsall Estate Oat milk		✓ (oat)												
Iced Cloudy Lemonade														
Iced Strawberry Lemonade														

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Café Menu – Milkshakes, Cold Coffees, Smoothies and Condiments

DRINKS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Chocolate milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Strawberry milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Vanilla milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Banana milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Mango/ Pineapple/Passion fruit Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain)		✓ (may contain)				✓ (may contain)	
Mixed Berries Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain)		✓ (may contain)				✓ (may contain)	
Strawberry and banana Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain)		✓ (may contain)				✓ (may contain)	
Iced Coffee/Iced Vanilla Coffee/Iced Frappe							✓							
Iced Caramel Coffee Frappe				✓ (may contain)			✓							
Matcha Latte							✓							
Spiced Chai Latte							✓							
Hot Drinking Chocolate							✓						✓	

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PRODUCT	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Sugar Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Chocolate Iced Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Iced Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Sugared Jam Donut		✓ (wheat, may contain other gluten)		✓			✓ (may contain)			✓ (may contain)			✓ (may contain)	
Sticky Toffee muffin		✓ (wheat, may contain other gluten)		✓			✓						✓	
Triple Choc Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓	
Victoria Sponge Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓ (may contain)	
Lemon Sicilian Muffin		✓ (wheat) (may contain other gluten)		✓			✓							✓
Blueberry Muffin		✓ (wheat, oats) may contain other gluten)		✓			✓						✓ (may contain)	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
PRODUCT														
Chocolate Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Cheese Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Maple & Pecan Plait		✓ (wheat)		✓			✓			✓ (pecan) & may contain other nuts		✓ (may contain)	✓ (may contain)	
Cinnamon Whirl		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Milk Chocolate Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Double Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Brookie		✓ (wheat)		✓			✓			✓ (may contain)	✓ (may contain)	✓ (may contain)	✓ (may contain)	✓ (may contain)
Vanilla Crown with almond & hazelnuts		✓ (wheat)		✓ (may contain)			✓			✓ (hazelnut almonds) may contain other nuts		✓ (may contain)	✓ (may contain)	
Cheese and onion roll		✓ (wheat)					✓		✓					
Sausage Roll		✓ (wheat)		✓										✓

Cakes

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
LARGE CAKE SLICES:														
Lemon Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)
Carrot Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)
Victoria Sandwich cake (raspberry jam filling)		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)

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LARGE CAKE SLICES: Original Cake Company														
Spiced Farmhouse Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓
Cherry Almond Bakewell		✓ (wheat)		✓			✓			✓ (almond)			✓ (may contain)	✓
Coffee and Walnut Cake		✓ (wheat)		✓			✓			✓ (walnuts)			✓ (may contain)	✓ (may contain)

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Soup Machine Menu - Allergen Content

Soups	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Cream of Chicken Soup	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)
Tomato and Basil Soup	✓	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)
Cream of Vegetable Soup	✓	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)

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