CAFÉ ITEMS AND THEIR ALLERGEN CONTENT

***** Allergen Chart Update 9th October 2026 *****

There have been changes to allergen risks and new products added. Please refer to this allergen booklet for the latest product information.

Do not remove from Café

The purpose of this allergen in-restaurant information booklet is to help you choose menu items within our Cafés, if you or someone you care for has a food allergy or food intolerance

This booklet provides allergen information for all our menu items. Please ensure you read this booklet carefully. This booklet highlights the following 14 major allergens in products:

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Celery and Celeriac	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide and Sulphites**
	Wheat, Rye, Barley, Oats, Spelt, Kamut								Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut and Queensland Nut			(excludes Fully Refined Soya Bean Oil)	(levels greater than 10ppm)

Allergen Cross Contamination Statement:

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products.

History of Amendments

Date	Amendment
09.10.2026	New Products added – including muffins & mince pie. **Hot Chocolate and Cappuccino**– addition "contains Soya" to other allergens present. Also "may contain soya" addition to other allergens, for other hot drinks, as may use same machine to make hot chocolate.
01.09.2026	**Hazelnut Syrup** – contains nuts **Hot Dog Rolls** - Addition 'May Contain Egg and other cereals containing Gluten' to other allergens present **Scones** - addition "May contains Soya" to other allergens present **Smoothies and Milkshakes**: Addition "may contain Celery and Mustard" risk & removed "May contain egg, peanuts and nuts" risk. **Hot Chocolate drink** – addition "contain Soya" to other allergens present **Baps**- Addition 'May Contain Nuts and Peanuts' to other allergens present **Soups**: Addition 'May Contain Gluten, Mustard, Sesame Seed and Sulphites' to other allergens present

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Toast and butter		✓ (Wheat) (Barley)					✓						✓	
Sheldon/Warburtons Fruited Teacakes & butter		✓ (wheat, Rye)		✓ (may contain)			✓					✓ (may contain)	✓	
Crumpets & butter		✓ (wheat)					✓						✓ (may contain)	
Butter Croissant		✓(wheat)		✓			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Lotus Biscoff Croissant		✓(wheat)		✓			✓			✓ (may contain Almonds hazelnuts)			✓	
Pain Aux Chocolate		✓(wheat)		✓			✓						✓ (may contain	
Ferrero Nutella							✓			✓ (hazelnuts)			✓	
Scones, jam & cream		✓ (wheat)		✓			✓						✓ (may contain	
Fruit Loaf & Butter		✓ (wheat)					✓						✓	
Pre-Packaged Sandwiches and Toasties – ingredients and allergens listed on the product packaging														

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CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Cheese on Toast		✓ (Wheat Barley)					✓						✓	
Beans on toast		✓ (Wheat) (Barley)					✓						✓	
Cheese and Ham Toastie		✓ (Wheat) (Barley)					✓						✓	
Cheese Toastie		✓ (Wheat) (Barley)					✓						✓	
Sausage Bap/on toast	✓ (may contain)	✓ (Wheat, Barley)		✓ (may contain)			✓		✓ (may contain)	✓ (may contain)	✓ (may contain)	✓ (may contain)	✓	✓
Bacon Bap		✓ (wheat, barley)		✓ (may contain)			✓			✓ (may contain)	✓ (may contain)	✓ (may contain)	✓	✓ (may contain)
Sausage and Bacon Bap	✓ (may contain)	✓ (wheat, barley)		✓ (may contain)			✓		✓ (may contain)	✓ (may contain)		✓ (may contain)	✓	✓
Kids Meal Deal – Cheese or Pepperoni Pizza/ Cheese Chicago Pizza Sub/ Hot Dog Rolls/ Hot Dog; crisps, donut or cookie	✓	✓ (wheat, barley) (may contain other gluten)		✓			✓		✓ (may contain)	✓ (may contain)		✓ (may contain)	✓	

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Hot dog in roll	✓	✓ (wheat, may contain other gluten)		✓ (may contain)			✓		✓ (may contain			✓ (may contain)	✓	
Jumbo Hot dog	✓	✓ (wheat, may contain other gluten)		✓ (may contain)			✓		✓ (may contain			✓ (may contain)	✓	
Heinz Baked Beans														

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DRINKS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Tea							✓						✓ (may contain)	
Special Tea (Earl Grey /Fruit/Mint/Camomile)							✓							
Cappuccino							✓						✓	
Latte/Flat White							✓						✓ (may contain)	
Espresso/Decaf & black coffee/Americano							✓ (may contain)						✓ (may contain)	
Syrup -Vanilla, Salted Caramel, Gingerbread, Cinnamon, Choc Orange, Pumpkin,														
Hazelnut syrup										✓				
Caramel Sauce							✓							
Milk/Cream							✓							
Marshmallow														
Halsall Estate Oat milk		✓ (oat)												
Iced Cloudy Lemonade														
Iced Strawberry Lemonade														

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Café Menu – Milkshakes, Cold Coffees, Smoothies and Condiments

DRINKS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Chocolate milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain	
Strawberry milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain	
Vanilla milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Banana milkshake	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)				✓ (may contain)	
Mango/ Pineapple/Passion fruit Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain)		✓ (may contain)				✓ (may contain)	
Mixed Berries Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain		✓ (may contain)				✓ (may contain)	
Strawberry and banana Smoothie	✓ (may contain)	✓ (may contain)					✓ (may contain		✓ (may contain)				✓ (may contain)	
Iced Coffee/Iced Vanilla Coffee/Iced Frappe							✓							
Iced Caramel Coffee Frappe				✓ (may contain			✓							
Matcha Latte							✓							
Spiced Chai Latte							✓							
Hot Drinking Chocolate							✓						✓	

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PRODUCT	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Sugar Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Chocolate Iced Ring Donut		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Iced Ring Donut		✓ (wheat)		✓ (may contain			✓			✓ (may contain			✓	
Sugared Jam Donut		✓ (wheat, may contain other gluten)		✓			✓ (may contain)			✓ (may contain)			✓ (may contain)	
Sticky Toffee muffin		✓ (wheat, may contain other gluten)		✓			✓						✓	
Triple Choc Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓	
Gingerbread Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓	
Mince Pie		✓(wheat)(barley) (may contain other gluten)		✓ (may contain			✓			✓ (may contain			✓ (may contain	✓ (may contain
Victoria Sponge Muffin		✓ (wheat) (may contain other gluten)		✓			✓						✓	
Lemon Sicilian Muffin		✓ (wheat) (may contain other gluten)		✓			✓							✓
Blueberry Muffin		✓ (wheat, oats) may contain other gluten)		✓			✓						✓ (may contain	

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PRODUCT	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Chocolate Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Cheese Twist		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	
Maple & Pecan Plait		✓ (wheat)		✓			✓			✓ (pecan) & may contain other nuts		✓ (may contain)	✓ (may contain)	
Cinnamon Whirl		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)		✓ (may contain)	✓ (may contain)	
Milk Chocolate Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Double Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
White Choc Chip Cookie		✓ (wheat)		✓ (may contain)			✓			✓ (may contain)			✓	
Brookie		✓ (wheat)		✓			✓			✓ (may contain	✓ (may contain)	✓ (may contain)	✓ (may contain)	✓ (may contain)
Vanilla Crown with almond & hazelnuts		✓ (wheat)		✓ (may contain)			✓			✓(hazelnut almonds)may contain other nuts		✓ (may contain)	✓ (may contain)	
Cheese and onion roll		✓ (wheat					✓		✓					
Sausage Roll		✓ (wheat)		✓										✓

Cakes

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
LARGE CAKE SLICES:														
Lemon Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)
Carrot Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)
Victoria Sandwich cake (raspberry jam filling)		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓ (may contain)

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Cakes

CAFÉ ITEMS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
LARGE CAKE SLICES: Original Cake Company														
Spiced Farmhouse Cake		✓ (wheat)		✓			✓			✓ (may contain)			✓ (may contain)	✓
Cherry Almond Bakewell		✓ (wheat)		✓			✓			✓ (almond)			✓ (may contain)	✓
Coffee and Walnut Cake		✓ (wheat)		✓			✓			✓ (walnuts)			✓ (may contain)	✓ (may contain)

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Soup Machine Menu - Allergen Content

Soups	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
														
Cream of Chicken Soup	✓ (may contain)	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)
Tomato and Basil Soup	✓	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)
Cream of Vegetable Soup	✓	✓ (may contain)					✓		✓ (may contain)			✓ (may contain)	✓	✓ (may contain)

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